

Year 11 Parental Revision Evening.

Be who God meant you to be and you will set the world ablaze.
– St Catherine of Siena



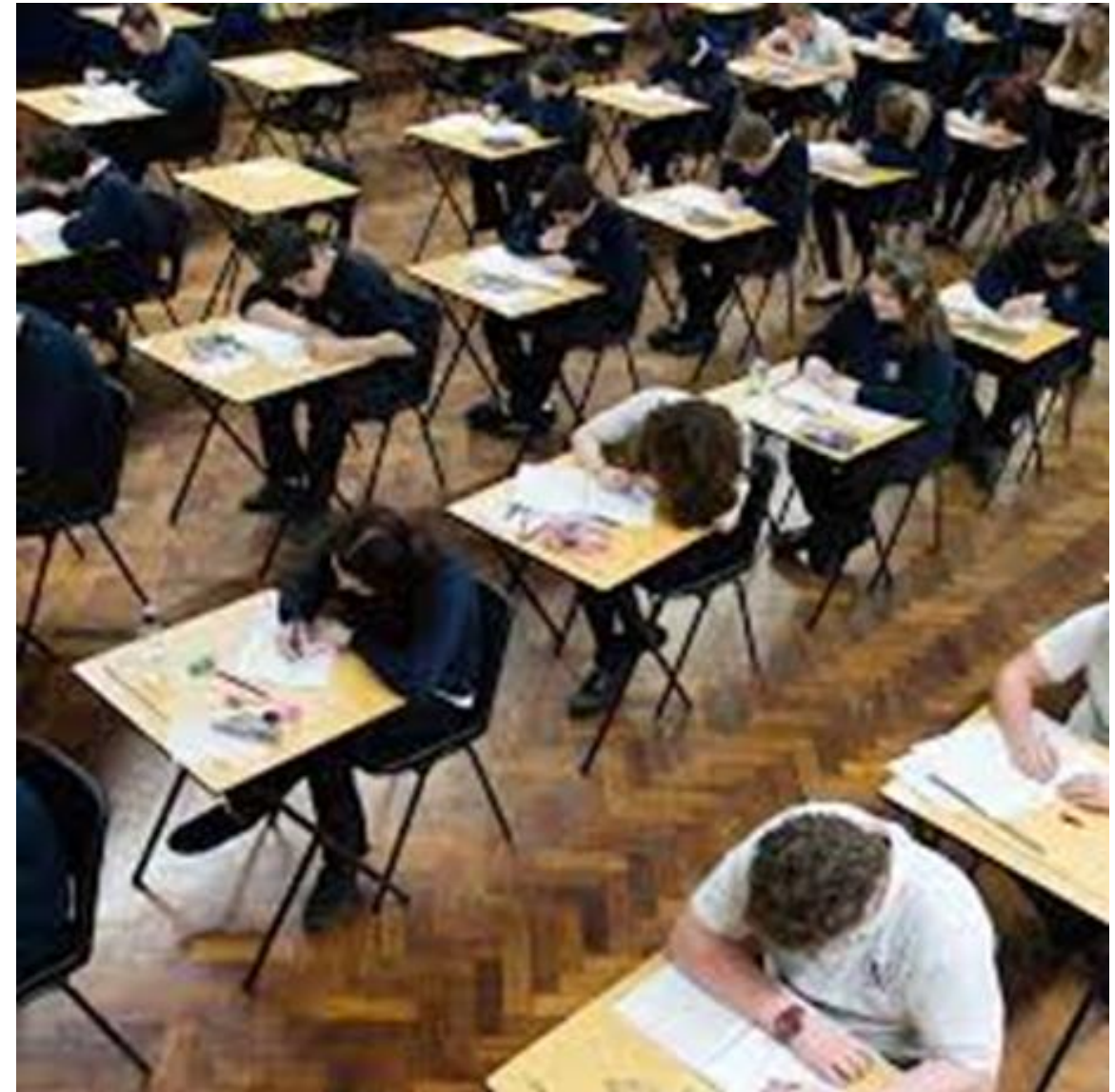
St. Bede's Catholic School &
Byron Sixth Form College

Sunday, 13 October 2024



Bishop Chadwick
Catholic Education Trust

Welcome



ATTENDANCE

Attendance has a HUGE impact on GSCE results.

2023-2024 Results – Core Subjects

Math

<u>Attendance</u>	<u>Progress</u>
90%-93%	Progress +0.73
80- 85%	Progress -0.67
75-80%	Progress – 0.66

RE

<u>Attendance</u>	<u>Progress</u>
90%-93%	Progress +0.38
80%-85	Progress -0.27
75-80%	Progress -0.61

A progress score of +1 means your child achieved an average of one grade higher compared to similar students nationally.

Attendance has a HUGE impact on GSCE results.

2023-2024 Results. BTEC Subjects

Enterprise/Business Studies

<u>Attendance</u>	<u>Progress</u>
90%-93%	Progress +0.23
80- 85%	Progress -0.66
75-80%	Progress – 2.02

A progress score of +1 means your child achieved an average of one grade higher compared to similar students nationally.

Engineering

<u>Attendance</u>	<u>Progress</u>
90%-93%	Progress +0.58.
80- 85%	Progress -0.46
75-80%	Progress – 0.54

Attendance has a HUGE impact on GCSE results.

A progress score of +1 means your child achieved an average of one grade higher in all subjects compared to similar students nationally.

2023-2024 Results	
All Subjects.	
<u>Attendance</u>	<u>Progress</u>
90%-93%	Progress +0.15
80- 85%	Progress -0.35
75-80%	Progress – 0.47

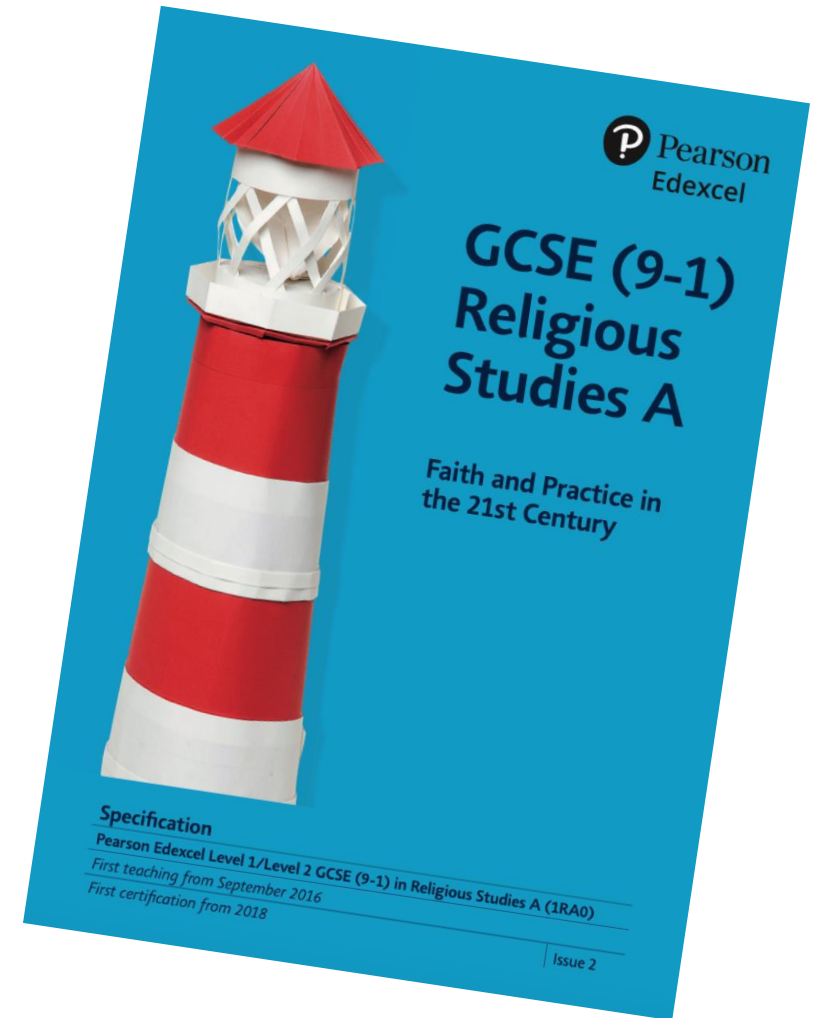
Note:

Research suggest that pupils who have an average of 20 days absent per school year see negative affects throughout their educational journey – resulting in a whole GCSE grade deficit by the time they leave secondary education.

ORGANISATION

Create an Overview of What to Revise.

- Knowledge of the exam board specification will help your child know what they need to revise.
- Help your child create an overview of what to revise and break each subject down into manageable chunks.
- Encourage your child to ask their teachers for relevant past papers or practice questions.



Create the Right Environment.

- Create a study space away from distractions.
- Make sure your child has everything they need – pens, revision guides etc.
- You could buy folders that allow them to divide their revision for each subject into different sections, so it's easy to find.
- Encourage your child to empty their bag and store new revision materials when they get home from school.



Create a Revision Timetable

- Planning a timetable will help students focus their revision.
- The time should be broken up into manageable chunks, not spending hours doing the same thing.
- The timetable needs to be realistic, or it won't be followed.
- Put the timetable somewhere where it can be seen everyday.
- Putting the calendar on the phone, with alerts when it's time to revise will help.

Weekly Revision Timetable

Name: _____

Day	8:30 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:00	1:00 – 3:15	3:15 – 4:15	4:00 – 5:00	5:00 – 6:00	6:00 – 7:00	7:00 – 8:00	8:00 – 9:00	9:00 – 10:00
Monday						English	RE	Break	Music	English	Relax	Relax
Tuesday						Science	Break	Break	Maths	Geography	Relax	Relax
Wednesday						Break	Geography	English	Break	Maths	Music	Relax
Thursday						Maths	Science	Break	Business Studies	Relax	Relax	Relax
Friday						Play football	Break	English	Break	Maths	Business Studies	Relax
Saturday	Science	Maths	Geography	Science	Football	Football	Football	Football	Relax	Relax	Relax	Relax
Sunday	Geography	Football	Football	Relax	Relax	Science	maths	Break	Geography	RE	Relax	relax

Remember the timetable must include time to relax, see friends etc.

CONCENTRATION

TV, Music and Phones.

- The adolescent brain has a lower capacity for working memory.
- The mere presence of a phone has proven to cause a 20% decrease in performance.
- Listening to music decreases productivity by 10%.
- Some students believe listening to music helps them concentrate but this is not supported by science.

NO PHONES
NO EARBUDS



SLEEP.

- Sleep has a key role in the consolidation of memory.
- 7-9 hours of sleep per night is essential to learn
- Vital for optimal attention and efficient learning.
- Essential for self-regulation and emotional control.
- Use revision timetable to create a regular bedtime and sleep routines.
- Remove devices and disable WIFI – blue light before bed affects sleep quality
- Protect sleep time – make it a priority



AVOID COMPARISONS

- Assessment results, conversations, social media feed into what others are doing/achieving.
- Normal human behaviour, but detrimental when the focus is on someone 'having more' or 'being better'.
- Not achieving the same as others creates feelings of not being good enough or intelligent enough **and this can be demotivational.**



EAT BREAKFAST

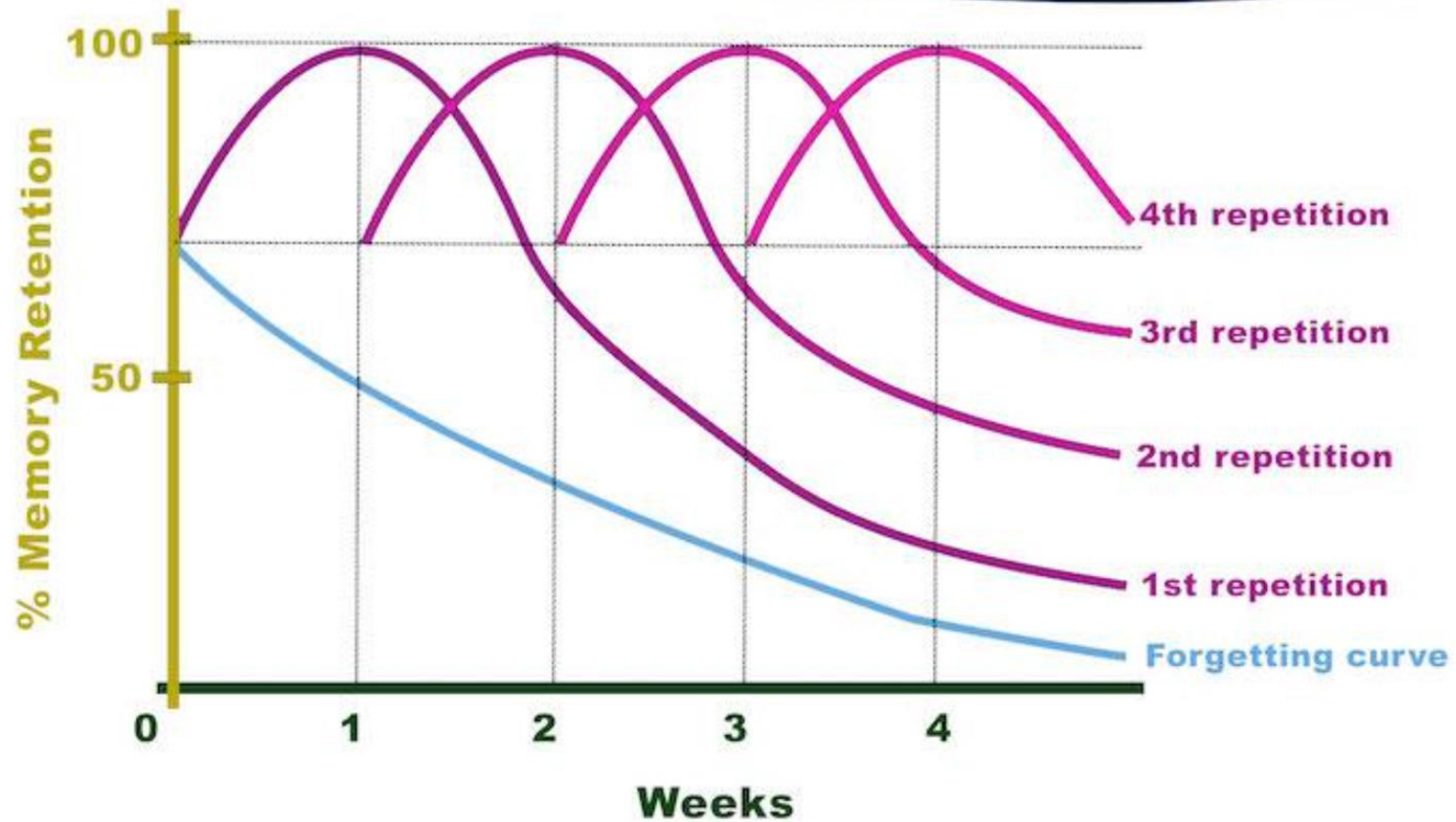
- Eating breakfast **reduces declines in attention/memory**
- Concentration levels, natural decline reduced by 65%
- Memory recall, +5% (-27% sugary drink)
- Alertness maintained, no crash
- 'Breakfast has a positive effect on cognitive function'
- Reinforce the importance of breakfast



REPETITION

FORGETTING CURVE

Forgetting Curve



RECALL PRACTICE

Recall vs Recognition

- When you do an exam you have to use a type of memory retrieval called **recall**.
- Recall involves bringing detailed information to memory without any help.
- **Recognition** is where we remember something after we've seen or heard it.
- **Re-reading and highlighting** fool us into thinking we remember things we recognise.
- To really be able to recall information we need to use active techniques that make us do stuff with the information.



RECALL PRACTICE

What is
OSMOSIS?

Flashcards

Osmosis is the diffusion of water molecules, from a region where the water molecules are in higher concentration, to a region where they are in lower concentration, through a partially permeable membrane.

AQA

Past papers

Please write clearly in block capitals.

Centre number

Candidate number

Surname

Forename(s)

Candidate signature

GCSE

COMBINED SCIENCE: TRILOGY

H

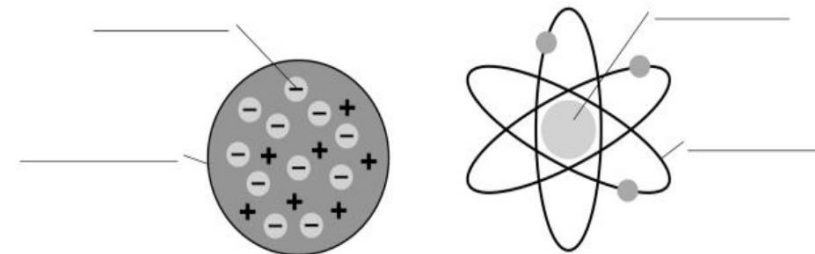
Higher Tier

Physics Paper 1H

0 1

Figure 1 shows two models of the atom.

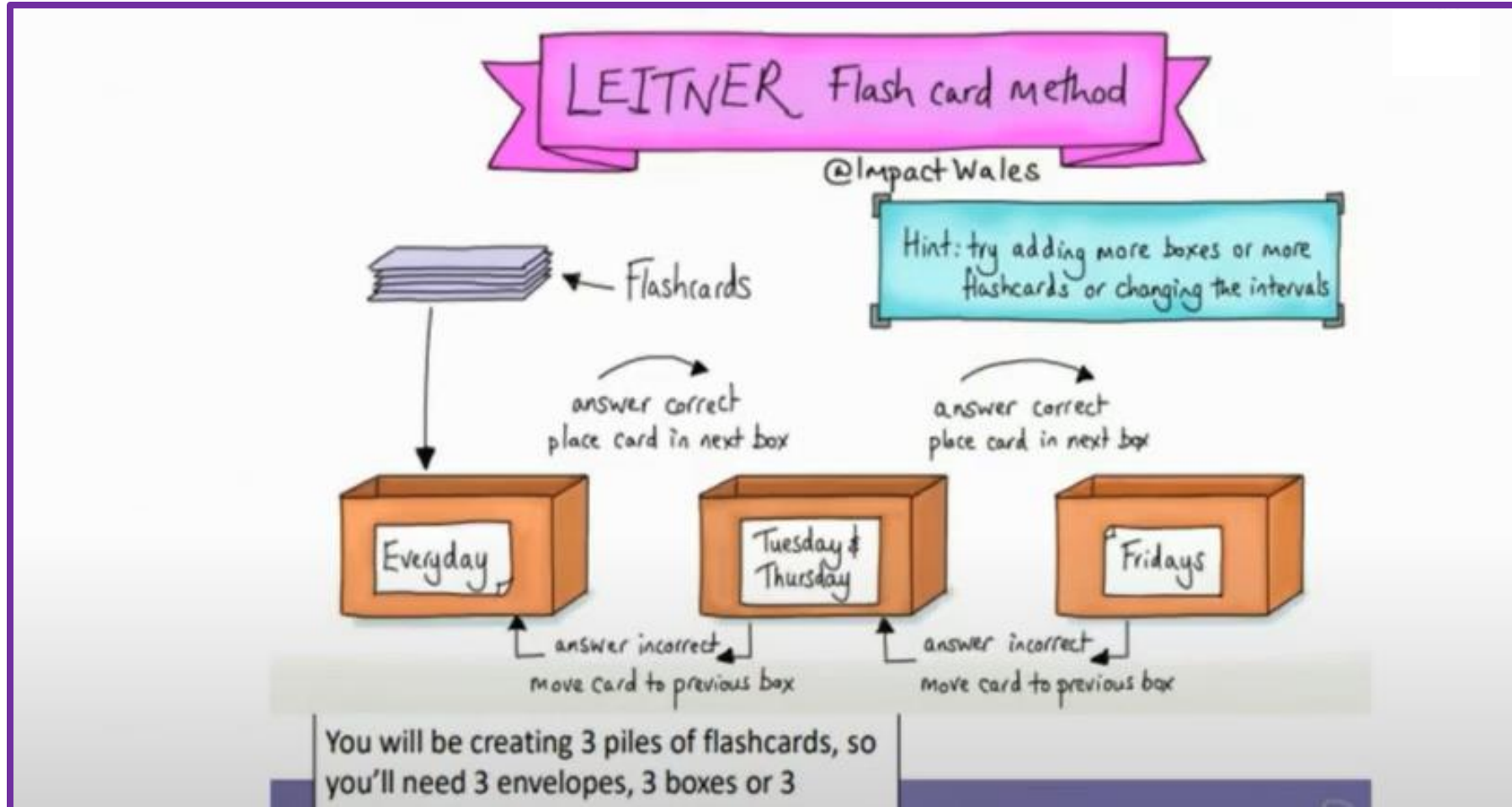
Figure 1



Plum pudding model

Nuclear model

RECALL PRACTICE



MENTAL HEALTH

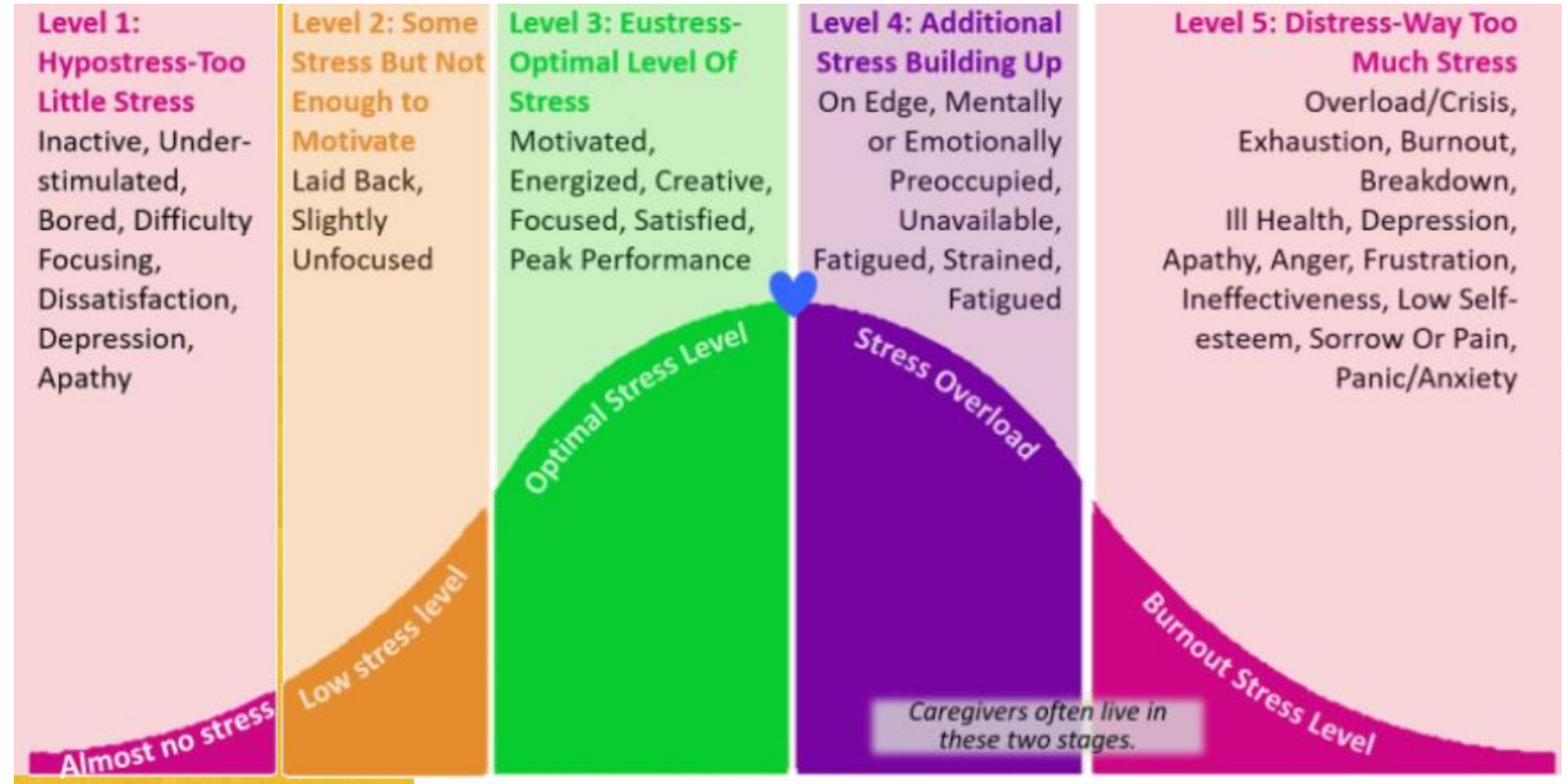
- Help your child get enough sleep.
- Encourage exercise during exams.
- Make sure your child eats well.
- Be flexible during exams.
- Talk about exams nerves. They can get support from their teachers or other sources sources Kooth



EXAM NERVES.

- Stress is a normal emotion that everyone will feel at some point in their life.
- It's very normal for students to feel anxious or stressed when exams are approaching.
- Sometimes stress can be helpful and enhance performance, however, it can become a problem when it starts to interfere with our every day life.

STRESS LEVELS AND PERFORMANCE



If you were to start year 11 again what would you do differently.

If you were to start Year 11 again, what would you do differently?

- Revise more/earlier
- Definitely revise more
- Attend STEP more.
- Do more past paper questions.
- Take mocks more seriously
- Ask a lot more questions in class to get help with things I didn't understand.
- Start revising from September in year 11 and not try to do everything at the last minute.
- Try and keep away from my friends who messed about.
- Make more revision cards.

Significant Dates.

<u>Date</u>	<u>Event</u>
7/10/24	STEP and Blue Support begin
4/11/24	Year 11 & 13 mocks begin.
12/12/24	Year 11 parents evening.
17/02/25	Year 11 & 13 mocks begin.
14/04/25- 25/04/25	Possible Easter holiday Intervention.
06/05/25	Year 11 & 13 exams start.
18/06/25	Last GCSE exam timetabled.
25/06/25	Contingency Day.
27/06/25	Year 11 Prom – Ramside.
21/08/25	GCSE and BTEC Results Day



**29 Weeks until
exams begin.**

Summer GCSE and BTEC Timetable.

Summer 2025 GCSE Examination Timetable

Day	Date	am (09.00)	pm (13.30)
Thursday	01/05/2025		
Friday	02/05/2025		BTEC L2 Digital IT 1h30
Monday	05/05/2025		
Tuesday	06/05/2025	BTEC L2 Health and Social Care 2h	
Wednesday	07/05/2025	BTEC L2 Enterprise 2h	
Thursday	08/05/2025	BTEC L2 Sport 1h30	
Friday	09/05/2025		
Monday	12/05/2025	GCSE English Literature Paper 1 1h45	GCSE Computer Science Paper 1 1h30
Tuesday	13/05/2025	GCSE RE Paper 1 1h45	GCSE Biology P1 and Combined Science Bio1 1h45/1h10
Wednesday	14/05/2025	GCSE Geography Paper 1 1h30	
Thursday	15/05/2025	GCSE Maths Paper 1 1h30	
Friday	16/05/2025	GCSE History Paper 1 2h	
Monday	19/05/2025	GCSE Chemistry P1 and Combined Science Chem1 1h45/1h10	
Tuesday	20/05/2025	GCSE English Literature Paper 2 2h15	GCSE Computer Science Paper 2 1h30
Wednesday	21/05/2025		GCSE RE Paper 2 0h50
Thursday	22/05/2025	GCSE Physics P1 and Combined Science Phys1 1h45/1h10	
Friday	23/05/2025	GCSE English Language Paper 1 1h45	
Monday	26/05/2025		
Tuesday	27/05/2025		
Wednesday	28/05/2025		
Thursday	29/05/2025		
Friday	30/05/2025		
Monday	02/06/2025		
Tuesday	03/06/2025	GCSE Russian Reading and Listening 1h50	GCSE Polish Reading and Listening 1h45
Wednesday	04/06/2025	GCSE Maths Paper 2 1h30	GCSE RE Paper 3 0h50
Thursday	05/06/2025	GCSE History Paper 2 2h	
Friday	06/06/2025	GCSE English Language Paper 2 1h45	GCSE Geography Paper 2 1h30
Monday	09/06/2025	GCSE Biology P2 and Combined Science Bio2 1h45/1h10	
Tuesday	10/06/2025	GCSE Spanish reading and Listening 1h45	
Wednesday	11/06/2025	GCSE Maths Paper 3 1h30	Contingency afternoon
Thursday	12/06/2025	GCSE Geography Paper 3 1h30	GCSE Russian Writing 1h25
Friday	13/06/2025	GCSE Chemistry P2 and Combined Science Chem2 1h45/1h10	GCSE Polish Writing 1h15
Monday	16/06/2025	GCSE Physics P2 and Combined Science Phys2 1h45/1h10	GCSE Music Listening 1h15
Tuesday	17/06/2025	GCSE Spanish Writing 1h15	
Wednesday	18/06/2025	GCSE Design and Technology 2h	
Thursday	19/06/2025		
Friday	20/06/2025		
Monday	23/06/2025		
Tuesday	24/06/2025		
Wednesday	25/06/2025	Contingency Day	

School Website - Examinations.



You are here: Home / Pupil & Parent Information / Examinations

Examinations

JCQ Information and Guidance for Examinations

[IFC-On-Screen_Examinations_2024_FINAL \(PDF\)](#)

[FC-Written_Examinations_2024_FINAL \(PDF\)](#)

[JCQ-Social-Media-Infographic-v6 \(PDF\)](#)

[Preparing-to-sit-your-exams-2024_25 \(PDF\)](#)

[IFC-Coursework_Assessments_2024_FINAL \(PDF\)](#)

[IFC-NE_Assessments_2024_FINAL \(PDF\)](#)

GCSE Timetable

Date	Session	Exam
05/11/2024	AM	GCSE English Language Paper 1
06/11/2024	AM	GCSE Mathematics Paper 1

In this section

- ▶ Pupil Premium
 - ▶ Pupil Premium Statement
- ▶ Year 7 Catch Up Funding
- ▶ Covid Catch-up Premium Plan
- ▶ Admissions
- ▶ School Holidays
- ▶ School Meals
- ▶ School Transport
- ▶ Trips and Visits
- ▶ Online Parents Evening
 - ▶ Appointment Booking
- ▶ Parental Letters
- ▶ GDPR for Parents
- ▶ Y9 Options
- ▶ GCSE Results
- ▶ Careers
- ▶ Examinations
- ▶ Educational Links
- ▶ E-Safety
 - ▶ Durham Constabulary Cyber

Exam Boards for each Subject.

Edexcel/Pearson	AQA	WJEC	OCR
Religious Studies.	Art	Geography	Cambridge National Engineering.
Biology	Design Technology (Product Design)	Music	Computer Science
BTEC Digital IT	English Language		Maths
BTEC Enterprise	English Literature		
BTEC Health & Social Care	History		
BTEC Sport	Polish		
Chemistry	Spanish		
Combined Science			
Physics			
RE			
Russian			

Finding Past Papers

- Make sure you search the correct exam board, level and qualification.
- For example:
'Edexcel, Combined Science, GCSE past papers' rather than 'Science past papers'
- You will be able to access all past papers except last years.

Revision Materials .

TONIGHT

- GCSE Timetable
- Prelim Provisional Timetable
- Revision Resources.

PARENT PAY

- Revision Guides to purchase.

CGP



GCSE AQA
English Literature

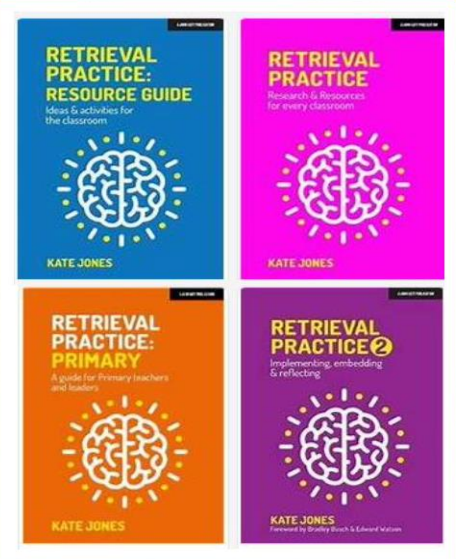
Complete
Revision & Practice

Includes Free Online Edition and Knowledge Organisers!

Day	Date	am (09.00)	pm (13.00)	
Thursday	03/05/2025		DTTC L2 Digital IT	10:30
Friday	04/05/2025			
Monday	05/05/2025			
Tuesday	06/05/2025	BTEC L2 Health and Social Care	2h	
Wednesday	07/05/2025	BTEC L2 Enterprise	2h	
Thursday	08/05/2025	BTEC L2 Sport	3:30	
Friday	09/05/2025			
Monday	12/05/2025	GCSE English Literature Paper 1	10:45	GCSE Computer Science Paper 1
Tuesday	13/05/2025	GCSE RE Paper 1	10:45	GCSE Biology P1 and Combined Science Bio1
Wednesday	14/05/2025	GCSE Geography Paper 1	10:30	10:45/11:10
Thursday	15/05/2025	GCSE Maths Paper 1	10:30	
Friday	16/05/2025	GCSE History Paper 1	10:30	
Monday	19/05/2025	GCSE Chemistry P1 and Combined Science Chem1	2h	
Tuesday	20/05/2025	GCSE English Literature Paper 2	10:45/11:10	
Wednesday	21/05/2025			
Thursday	22/05/2025	GCSE Physics P1 and Combined Science Phys1	10:45	GCSE RE Paper 2
Friday	23/05/2025	GCSE English Language Paper 1	10:45	10:45/11:10
Monday	26/05/2025			
Tuesday	27/05/2025			
Wednesday	28/05/2025			
Thursday	29/05/2025			
Friday	30/05/2025			
Monday	02/06/2025			
Tuesday	03/06/2025	GCSE Russian Reading and Listening	10:50	GCSE Polish Reading and Listening
Wednesday	04/06/2025	GCSE Maths Paper 2	10:30	GCSE RE Paper 3
Thursday	05/06/2025	GCSE History Paper 2	2h	09:50
Friday	06/06/2025	GCSE English Language Paper 2	10:45	
Monday	09/06/2025	GCSE Biology P2 and Combined Science Bio2	10:45/11:10	GCSE Geography Paper 2
Tuesday	10/06/2025	GCSE Spanish Reading and Listening	10:45	
Wednesday	11/06/2025	GCSE Maths Paper 3	10:30	Contingency afternoon
Thursday	12/06/2025	GCSE Geography Paper 3	10:30	GCSE Russian Writing
Friday	13/06/2025	GCSE Chemistry P2 and Combined Science Chem2	10:45/11:10	GCSE Polish Writing
Monday	16/06/2025	GCSE Physics P2 and Combined Science Phys2	10:45/11:10	GCSE Music Listening
Tuesday	17/06/2025	GCSE Spanish Writing	10:45	
Wednesday	18/06/2025	GCSE Design and Technology	2h	
Thursday	19/06/2025			
Friday	20/06/2025			
Monday	23/06/2025			
Tuesday	24/06/2025			
Wednesday	25/06/2025	Contingency Day		

Further support for parents/carers

Kate Jones



[Effective Study Strategies: Webinar for parents and carers - YouTube](#)

Effective revision habits & strategies:
A study guide for pupils & parents.



Retrieval Practice
Spaced Practice
Concrete Examples
Elaboration
Interleaving
Dual Coding
Exam vocabulary
Well-being strategies & revision tools

